

selling from Atlantic points. The message concluded:
"The cotton trade, as a whole, has the prospect of a period of commercial activity and success in the immediate future, and the New York and Na-

What to Do to Get Fa

and Increase Weight
The Real Cause of Thinness
A Physician's Advice

Thinks folks stay thin because the poor quality of the food they eat. They absorb just enough of the food they eat to maintain life and a steady weight. The rest is excreted. Still, it won't help them. A diet made of good food won't make them gain a single pound. All the fat-purging medicines they use, which are acting in the intestines until they pass from the body as waste. What such people need is a medicine that will absorb these fatty food elements so that the blood can absorb them and deposit them in the fat cells.

For such a condition I always recommend eating a Sargol tablet with every meal. Sargol is not, as some believe, a patented drug, but is a scientific combination of elements which

powerful flesh-building elements known to chemistry. It is absolutely harmless yet wonderfully effective and a single tablet eaten with each meal often has the effect of increasing the weight of a thin man or woman from three to five pounds a week. Sargol is sold by good druggists everywhere on a positive guarantee of effectiveness or your money back.—Advertisement.

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will hold its annual Christmas sale at the Parish House, 815 East Grand Street, on Wednesday, November 2, from 10 A. M. to 6 P. M.

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